

# Bok Choy Salad

Kay Williams  
Family Recipe

## Ingredients

1 bunch Napa cabbage,  
chopped

1 bunch Bok Choy  
cabbage, chopped

6 green onions

1 package Ramen  
noodles

1/2 cup sunflower seeds

3 tablespoons sliced  
almonds

## Dressing

1/2 cup sugar

1/4 cup olive oil

1/4 cup cider vinegar

2 tablespoons soy sauce



## Directions

Bake noodles, sunflower seeds and almonds on a cookie sheet, at 325 degrees, for 10 minutes.

Combine with chopped cabbage.

Mix dressing ingredients together.

Pour dressing over cabbage mixture.

Mix well.

## Comment

This is always a dish that everyone looks forward to at family gatherings, pot luck suppers and special bridal and baby showers.