

Chinese Style Green Beans

Linda Matthews

Ingredients

green beans

1 tablespoon olive oil

1 to 2 cloves of garlic,
crushed

crumbled bacon or diced
ham

salt to taste



Directions

Wash and trim green beans.

Heat 1 tablespoon of olive oil in a wok or large skillet.

Add 1 or 2 cloves of crushed garlic.

Add the cleaned beans.

Stir-fry until the beans take on a slightly wrinkled appearance. (They will brown a little in spots.)

Add crumbled bacon or diced ham.

Toss until well mixed.

Add salt to taste.