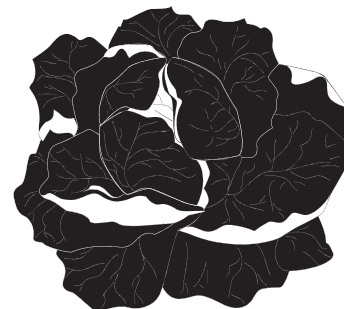


# Pork and Cabbage Soup

Carolyn Kron



## Ingredients

1 pound ground pork  
1 tablespoon olive oil  
2 cups chopped onions  
4 cups no-salt-added chicken broth  
2 teaspoons reduced salt soy sauce  
4 cups cooked tomatoes  
4 cups chopped Napa cabbage  
1 teaspoon minced garlic  
1/4 teaspoon pepper  
1/4 teaspoon salt (optional)

## Directions

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Cook pork and drain off fat.

Sauté onions in oil.

Add pork and chicken broth; bring to a simmer.

Add soy sauce, cabbage, garlic, and tomatoes.

Simmer until cabbage softens.

Add salt and pepper.

Makes 4 large, "one-dish meal" servings.