

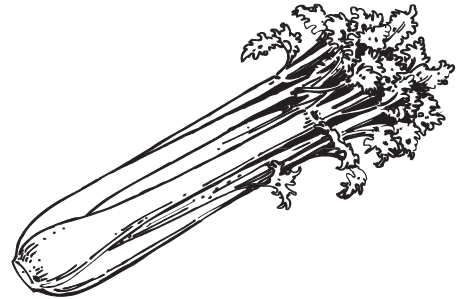
Scotch Broth

Carolyn Kron

Ingredients

- 1 cup celery, diced
- 1 cup onions or leeks, diced
- 2 cups carrots, diced
- 1 ½ cups white turnips, diced
- 1 cup barley (*See note)
- 2 cups beef broth
- 2 cups chicken broth
- 1 pound raw or cooked chicken, diced
- 6 cups diced cabbage

* Barley Preparation:
Pour boiling water over barley. Let sit one hour or overnight.



Directions

In large soup pot, bring some water to boil and add the barley, celery, onions, carrots and turnips.

Cook gently for 30 minutes, partially covered.

Add the beef and chicken broth, diced chicken and diced cabbage.

Bring to a boil and gently cook for 10 minutes, partially covered.

Makes 4 large, one-dish meal servings.